This strategy sets out how we will organize care and support services for people with learning disabilities, autism and mental health problems and carers, who have eligible needs. It is for people aged 18 and over.

We want to help people to have more say about their care and support and to make the most of what they can do for themselves.

The Joint Delivery Board will make sure the strategy joins up with other plans like the Transforming Care Plan and the Autism Strategy.

We have looked at what the Government says should be done and what the Council says is important. We have listened to people and family carers and to organisations that provide services.

We have thought about what the health and wellbeing of people in Lincolnshire will be in the future and have looked at what services are working well and what could be improved.
Our Priorities

People from the Learning Disability and Autism Partnerships and the Mental Health Partnership Group helped us decide what is most important for people.

- Good physical and mental health and wellbeing
- A better quality of life
- Independence and control over their day-to-day life
- Mental and physical health treated equally
- Good feelings about the care and support people receive
- Help to move from children’s services to adult services
- More chances to find paid or voluntary work
- More choice of accommodation
- The chance to make friendships and meet their own needs

On pages 10 and 11 of the full report are the things we will do to make this happen. We will look at what we are doing every year to decide how well the plan is working.
Our Aims

We will work closely with our partners in the NHS to:

**Keep people safe from harm**

Following the abuse suffered by people at Winterbourne View hospital in 2011, like other Councils we have a plan for very good care closer to home for people with very complex needs. You can read our Transforming Care plan at:


**Martin’s Story**

Martin used to live in a special hospital. He said he wanted to be in his own home. Meeting Martin’s care needs in the community is not easy, but he can now choose to do things other people take for granted.

**Promote Parity of Esteem**

‘Parity of Esteem’ means physical and mental health being treated equally and people being able to be a full part of the community and have their needs met.

Having the chance of a job or voluntary work is important. We have used money given by the Health and Wellbeing Board to try out a new type of support called Step Forward. We did this by working with a network of local colleges.

**Step Forward Pilot**

MW, a person with a learning disability, found it hard to find a job, partly because there was no public transport between his home and work. Step Forward helped him to secure a job with a company that also offers him accommodation.
Parity of Esteem

We have also:

Put in place an All Age Autism Strategy, jointly with people with autism. This is now being refreshed and brought up to date.

With our partners in the NHS we are looking at how to improve Mental Health Crisis Services and reviewing the Adult Mental Health Strategy.

Over the past 7 years we have given money to the Mental Health Promotion fund which is managed by Lincolnshire Partnership Foundation Trust (LPFT). We gave £375,000 to the fund in 2017/18. This money is used to support the Managed Care Network - a range of people and groups which help people manage their own mental health condition and prevent it worsening.

Managed Care Network

TB says; my friend told me about StartaFresh, Everyone there made me feel so welcome. I have done and passed various courses organised by Startafresh. Every week I volunteer at StartaFresh with the cooking and I also volunteer at the Mums and Tots group. StartaFresh, helped me turn my life around.
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