

**LINCOLNSHIRE HEALTH AND WELLBEING BOARD**

Open Report on behalf of the Healthy Weight Partnership

Report to	<b>Lincolnshire Health and Wellbeing Board</b>
Date:	<b>28 March 2023</b>
Subject:	<b>Healthy Weight Priority Update</b>

**Summary:**

This report provides a summary of activity and work in progress from the Healthy Weight Partnership, the delivery group for the healthy weight priority in the Joint Health and Wellbeing Strategy. The delivery group, chaired by Cllr Sue Woolley, has representation from across the Lincolnshire Health & Care system, as well as from education & voluntary & community sector bodies.

**Actions Required:**

The contents of the report be noted, and partners contribute to the work of the Healthy Weight Partnership as appropriate.

**1. Background**

The Healthy Weight Partnership reconvened on 1 February 2023, the first time it has met since the COVID-19 pandemic. The group will provide system leadership in tackling the issues and improving health and wellbeing outcomes associated with healthy weight in Lincolnshire.

The first meeting consisted of a review of previous work, as well as an overview of current need assessment & service delivery, and a discussion where actions were agreed to better integrate service development & delivery relating to healthy weight across the system.

Terms of Reference have been refreshed and are attached as Appendix A.

A summary of the content discussed is given below:

## **Healthy Weight Programme focus prior to COVID-19 pandemic: Whole System Approach**

- Previous work under this theme (prior to the COVID-19 pandemic) has focused on the development of a Whole System Approach (WSA) to Obesity, adopting a methodology developed in conjunction with Leeds Beckett University. This work had paused during the early stages of the pandemic at the 'gap identification' stage, where partners review the system maps generated by previous stages & identify areas where additional action may be required.
- This work was discussed, and it was recognised that service delivery in Lincolnshire had changed since this was completed and this work is now outdated.

## **Lincolnshire's Joint Strategic Needs Assessment (JSNA) theme on 'healthy weight'**

- The JSNA chapter on healthy weight, which is now being refreshed, was reviewed. The overall level of need for primary prevention & treatment of overweight & obesity in Lincolnshire remains high, and baseline need, especially for Children & Young People, is expected to have increased since the COVID-19 pandemic.

## **Child & Family Weight Management Service (CFWM)**

- During 2021 Lincolnshire County Council's Public Health division identified an opportunity to pilot a child & family weight management service, in order to address a known gap in provision and to ensure an effective, high-quality service & referral route for children identified as obese as part of the National Child Measurement Programme (NCMP). This service was presented to the partnership by the provider, Thrive Tribe.
- The service has now been commissioned from the Integrated Lifestyle Service provider, Thrive Tribe, and branded as 'Gloji Energy'. The pilot is running for 2 years, funded by the Public Health Ringfenced grant. Year one will be subject to indicative targets and will be used to test out the model through on-going, robust evaluation undertaken by external research partners. The learning from year one will inform the refinement & setting of targets for the service in year two, where the NCMP should be a primary means of referral.
- There is an estimated total of 4125 overweight and obese children in reception and year six in Lincolnshire (NCMP 2019-2020). The service will aim to deliver the full CFWM programme to approximately 400 (10%) of these children in year one and 800 (19%) in year two and an EBI phone-call to 1650 (40%) in year one and 3300 (80%) in year two. Activities will be concentrated in areas with the highest levels of need, in terms of both excess weight and deprivation, which will include Lincoln, Spalding, Grantham, Gainsborough, Boston and the coastal strip (Skegness and Mablethorpe).
- The service is designed to address a significant gap in service provision in Lincolnshire and thus builds on the system mapping conducted as part of the WSA work conducted previously.
- The service will be evaluated and, if indications from year 1 of delivery are that it is effective and cost-effective, it can be considered for inclusion as part of the recommissioned Integrated Lifestyle Service offer from summer 2024.

## Healthy Weight Partnership Group Actions – February 23

- During the discussion, it was agreed that an aim of the partnership group should be to foster closer collaboration between partner organisations when developing or evaluating service provision designed to improve outcomes relating to healthy weight.
- It was agreed that an operational group, reporting to the Healthy Weight Partnership Group, would be put in place to facilitate closer working and alignment with the Physical Activity agenda, led by Active Lincolnshire
- This group will be administered by LCC’s Public Health division and planning for this is underway.
- A further programme of topic reviews and presentations on current & planned work by partners will be defined and agreed, expected to include:
  - Integrated Lifestyle Service recommissioning update
  - Greater Lincolnshire Food Partnership update & presentation
  - Active Lincolnshire update & presentation, including links to ‘Let’s Move Lincolnshire’ campaign
  - Discussion of the Food Environment in Lincolnshire, including:
    - The impact of sugar in food
    - Opportunities inherent in Lincolnshire’s Food Production Economy

## 2. Joint Strategic Needs Assessment and Joint Local Health & Wellbeing Strategy

The Council, NHS Lincolnshire Integrated Care Board and the Lincolnshire Integrated Care Partnership must have regard to the Joint Strategic Needs Assessment (JSNA) and Joint Local Health and Wellbeing Strategy (JLHWS).

The work of the Healthy Weight Partnership directly supports the development of the JSNA and JLHWS through providing governance & oversight of system intelligence and activity relating to the Healthy Weight priority.

## 3. Consultation

Not applicable.

## 4. Appendices

These are listed below and attached at the back of the report	
Appendix A	Terms of Reference for the Healthy Weight Partnership

## **5. Background Papers**

No background papers within Section 100D of the Local Government Act 1972 were used in the preparation of this report.

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